

FBC COUPLES RETREAT

NOVEMBER 1 - 3

(Friday night thru Sunday morning)

SPRING VALLEY RANCH

EUCHA, OK

COST: \$125 / couple



HOW IS THE **COMMUNICATION** IN YOUR MARRIAGE?

Former President Ronald Reagan was known as “The Great Communicator.” His message was always clear and effective whether he was sternly admonishing Mr. Gorbachev to, “Tear down this wall!” or comforting a nation by quoting The Pilot’s Creed, “Oh, I’ve slipped the surly bonds of Earth and danced the skies on laughter-silvered wings.” For him, communication was a gift AND he had the added advantage of talented speech writers whose lines he delivered with an actor’s mastery.

Unfortunately, for many of us, communication is a challenge, and one we must face every day of our lives. At work, at social occasions, with our doctors...communication is vital; but nowhere is our struggle more telling or trying than in our closest relationships...our marriages.

But there is good news! You can learn to become a more effective communicator...and it’s not as hard as you would think. It just takes a willing heart, a little information, and an openness to move outside your comfort zone. And sometimes it is comforting to know we’re not the only “strugglers.”

That’s why we’re offering a 3 day / 2 night couples’ retreat, focusing on **“COMMUNICATION.”** We’ll be discussing the why, how, when and where of communication and deal with some of the roadblocks to effectively communicating with our spouses. It will begin on Friday, November 1 at 7:00 pm and conclude on Sunday, November 3 at 11:00 am. The location will be the Spring Valley Ranch in Eucha, OK (75 miles NE between Langley & Jay. For more information on the ranch go to springvalleyranchok.com) The cost is \$125 / couple (which covers your lodging. All meals, snacks and materials will be covered by the church.) Sign up is limited to 12 couples and the deadline to sign up is October 18 or when capacity is reached, whichever comes first. After that date couples will receive more detailed information regarding location, schedule, optional activities, etc.

If you have questions, give Bro. Scott a call. (918) 693-5306.

